

# CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: [www.cipdsupportgroup.org](http://www.cipdsupportgroup.org)

They shall never cease to be entertained.

**DATE: March 4, 2023**

**TIME: 1:30PM**

**Program: Care and Share with Tammy Lott LCPC. and Tonya Welch BSW.**

**WHERE: OSF Glen Park Place**

**5114 N Glen Park Place Rd**

**Peoria, IL 61614**

Our March meeting will feature Tammy Lott and Tonya Welch for a care and share, The Parkinson's people will stay in the room and the care partners will go to another room, please bring your questions and we'll look forward to having some good discussions.

Our February meeting had Dr. McGraw from Northwestern Medicine Central DuPage Hospital Speaking on GoCovri and taking our questions Thanks to Dr. McGraw for spending her Saturday with us and to Monica of Supernus for providing the speaker and food.

You will not want to miss our April meeting as we kick off Parkinson's Awareness month. April 1<sup>st</sup> 1:30PM Dr. Kavya Moravineni, Anne Horowitz OTR/L, CSRS, MSCS , and Brittany Heidemann MS CCC-SLP will join us for a question-and-answer session to help us kick off Parkinson's Awareness month. I'm sure you won't want to miss this meeting. We are asking that you sign up in advance for this meeting. To sign up and for all the information, visit our website <https://www.cipdsupportgroup.org/events/>

**April is Parkinson's Awareness month**, to help the community build a better awareness of Parkinson's Disease and the Central Illinois Parkinson's Support Group we are asking you to consider working with your local Government to obtain a Proclamation for April as Parkinson's Awareness Month. Please Click the link and it will open a sample letter and Template that you can use, simply fill in the highlighted areas with your local information and mail it to them, it would then be a good Idea to follow up with a phone call in about a week. If you would like my help with this, please feel free to ask. Let's see how many we can get.



<https://www.cipdsupportgroup.org/about-us/>

Stay up to date on all of the Central Illinois Parkinson's Support Group Information please visit our website <https://www.cipdsupportgroup.org/> Like us on [Facebook](#) Email us at [contact@cipdsupportgroup.org](mailto:contact@cipdsupportgroup.org) or call Roger at 309 219 1210

Educational Webinar on Estate and Will Planning

Register here <https://secure.ggiv.com/for/ahrc/event/febweb23/>



apda Virginia Presents

## Parkinson's Educational Webinar

**Tuesday, February 21 | 1:00 pm ET | Live on Zoom**

**The Importance of Estate and Will Planning**

Presented by  
**Melissa J. Benvenuto**  
Attorney at Law  
Virginia Beach Law Group

apda AMERICAN PARKINSON DISEASE ASSOCIATION VIRGINIA CHAPTER  
Strength in optimism. Hope in progress.

apda **REGISTER TODAY!** apda

Register for our Kickoff Parkinson's awareness Month.

Here, <https://www.cipdsupportgroup.org/events/>

## Kick -Off



**Saturday April 1<sup>st</sup> 1:30PM**

**OSF Glen Park Place**

**5114 N Glen Park Place Rd**

**Peoria, IL 61614**

**Dr. Kavya Moravineni, Anne Horowitz ORT/L,  
CSRS, MSCS, and Brittany Heidemann MS CCC-  
SLP will join us for a question-and-answer  
session.**

**Food will be provided by ABBIVE.**

Please RSVP at <https://www.cipdsupportgroup.org/>

Mark this event on your Calendars.

Register here;



Join Us!

**OPTIMISM WALK** AMERICAN PARKINSON DISEASE ASSOCIATION

**Illinois**

June 24, 2023  
Naperville Riverwalk Grand Pavilion

apdaparkinson.org/IL

Register Today



On the third Thursday of every month at 12 p.m. ET, join our free live webinars to learn about various aspects of living with Parkinson's disease and our work to speed medical breakthroughs. Log on, listen to the expert discussion and submit your own questions to our panelists.

And join us for other special free webinars throughout the year (dates and times to be announced) on varied topics of interest to the Parkinson's community.

Here is the link for the third Thursday webinars <https://www.michaeljfox.org/webinars>

Get ready for PD Camp 2023 September 8 – 10, 2023 Salvation Army Eagle Crest Camp.

