

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.cipdsupportgroup.org

They shall never cease to be entertained.

Our Meeting: There will be no meeting on September 7, 2024. But if you hurry we might still be able to get you into our Retreat. Visit <https://www.cipdsupportgroup.org/pdretreat/>

TIME: September 13 - 15, 2024

Program:

WHERE: Sacré Coeur Retreat Center

8508 Country Road 100 N

Magnolia, IL 61336



At our August meeting Stephanie Arthality from Trinity spoke on Medical Marijuana. She really had some great information and if you would like to learn more about Medical Marijuana. please see the second page of the Newsletter

Are You Ready...Registration for our PD Retreat is now closed, however contact us as soon as



possible

The retreat is an all inclusive weekend of Fun, food, Relaxation, Fellowship and some Exercise and Educational Programing mixed in.

The cost is \$75.00 a person and includes, Hotel style accommodations 4 meals and snack bar that's open all day long

For more information on the Newsletter please contact us (309) 219-1210.

Contact@cipdsupportgroup.org or on the website <https://www.cipdsupportgroup.org/contact/>

FAQs

<p><u>TRINITY on University</u> MED/REC</p> <p>3125 N University St., Ste B 309-863-2122</p> <p>M-Sat 9a - 9p Sun 9a -6p <i>Medical Curbside Pickup:</i> M-Sat 9a - 5p Sun 9a - 4p</p>	<p><u>TRINITY on Glen</u> REC ONLY</p> <p>2301 W Glen Ave. 309-839-0337</p> <p>Rec Hours M- Sat 10a - 9p Sun 10a - 6p</p>												
<p><u>Med Apps University</u> (<i>Appointments REQUIRED</i>) Shannon.....(309) 863-2135 Schedule online at www.trinitydispensaries.com Thurs & Fri 12-5PM *MED ALLOTMENT: 70g, replenished every <i>TWO</i> weeks.</p>	<p><u>Med Apps Glen</u> (<i>Appointments REQUIRED</i>) Stephanie.....(309) 839-0337 Schedule online at www.trinitydispensaries.com stephaniea@trinitymmj.com Mon - Wed 10-5PM Thurs - Fri 10-12:00PM</p>												
<p><u>IDPH Contact Info</u> Medical Cannabis Resources (for patients and doctors): https://dph.illinois.gov/topics-services/prevention-wellness/medical-cannabis.html</p> <p>State of IL Cannabis Tracking System Website: etk.icts.illinois.gov Email: dph.medicalcannabis@illinois.gov</p>	<p><u>Refunds</u> Email faulty product video with receipt and label included to:</p> <p>UNIVERSITY returns@trinitymmj.com GLEN returnsglen@trinitymmj.com</p> <p>New Website: www.trinitydispensaries.com</p>												
<p><u>Purchase Limits IL Residents</u></p> <table style="width: 100%;"> <tr> <td style="width: 20%;">30g</td> <td>Flower</td> </tr> <tr> <td>500mg</td> <td>Edibles</td> </tr> <tr> <td>5g</td> <td>Concentrates</td> </tr> </table>	30g	Flower	500mg	Edibles	5g	Concentrates	<p><u>Purchase Limits Non IL Residents</u></p> <table style="width: 100%;"> <tr> <td style="width: 20%;">15g</td> <td>Flower</td> </tr> <tr> <td>250mg</td> <td>Edibles</td> </tr> <tr> <td>2.5g</td> <td>Concentrates</td> </tr> </table>	15g	Flower	250mg	Edibles	2.5g	Concentrates
30g	Flower												
500mg	Edibles												
5g	Concentrates												
15g	Flower												
250mg	Edibles												
2.5g	Concentrates												
<p><u>Budrista Loyalty Program</u></p> <p>\$5 CASH BACK! 1 Point for every \$1 Spent \$20 off for your Birthday Exclusive Merchandise Drops First Look on Dispensary Product Releases Exclusive & First Look at Community Events</p>	<p><u>Surrounding Area Doctors</u></p> <p>Kerry Farms (Dr. Sheehan) (630) 890 - 8949 Dr. Mauricio Consalter (309) 222-2525 1 Body 1 Life (773) 707 - 6020 Graham Health (309) 647 - 0201 IL Cancer Care (309) 240 - 6040 Integrated Wellness (217) 491 - 0355</p>												

Medical Marijuana & Guns: Will I Lose My Guns if I Obtain a Cannabis Card?

You **will not** have your gun licenses revoked, or firearms confiscated for having a medical cannabis card.

If you are purchasing as an adult-use consumer, while you do have to show ID to purchase, this information is not tracked or shared with any government database.

If you already have your medical cannabis card or medical cannabis caregiver card, you can **only** buy a gun from a **private seller!** Attempting to purchase a firearm at a dealer or retail site IS against the law!



APDA Virtual Parkinson's Roadmap for Education and Support Services™ (PRESS™)

Free program, space is limited, and registration is required.

Program Presented Virtually via Zoom

Date: Every Tuesday, October 8th – November 26th 2024

Time: 10:00A.M. – 11:30 AM CT



What's Next After Diagnosis

Medication Management of Parkinson's

Importance of Exercise in PD

Dealing with Physical Symptoms of PD

Impact of Parkinson's on Daily Coping and Relationships

Tips for Daily Living

Caring for Others, Caring for Yourself

Building Your Healthcare Team

The group is open to any adult who has been diagnosed with Parkinson's disease within the last 5 years, their care partners, and adult family members.

To register or for additional information please contact

Nicole.reidy@uchicagomedicine.org at: 1-773-834-1688
www.apdaparkinson.org

Date	Location	Event
September 7 2024	No Meeting	
September 13-15, 2024	Sacred Coeur Retreat	PD Retreat
October 5, 2024	Glen Park Place	Melanie Adams, APDA
November 2, 2024	River Plex Peoria	Educational Fundraiser
December 7, 2024	Avantis North	Christmas Lunch

On the third Thursday of every month at 12 p.m. ET, join our free live webinars

A Conversation on Parkinson’s-Related Hallucinations and Delusions

September 19, 2024

Hallucinations and delusions are non-motor symptoms of Parkinson’s disease (PD) that can occur in the later stages of the disease. These symptoms—which involve seeing things that are not there

Register here, <https://www.michaeljfox.org/webinars>