

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.cipdsupportgroup.org

They shall never cease to be entertained.

Our Next Meeting is December 6, 2025

Avanti North 8517 N. Knoxville

Time, 12:00PM

We will be ordering off the Menu.

Signup here, <https://www.cipdsupportgroup.org/lunch-signup/>



Walk This Way for Parkinson's was held at the River Plex in Peoria in place of our November meeting, and what a great walk it was! There were over 65 people in attendance with almost \$4,000.00 dollars raised. Thank you to everyone who took part, and Save the Date of November 7, 2026 for our next walk.



Tuesday, December 2, 2025 is Giving Tuesday! We're hoping you can provide some support through Giving Tuesday. All the funds we raise will stay right here with the Central Illinois Parkinson's Support Group and help support our programming and annual PD Retreat. There are two easy ways to donate: through our Facebook Fundraiser page <https://www.facebook.com/donate/2968013980253947/> or directly on our website. https://www.paypal.com/donate/?hosted_button_id=JQFRM49YXU8DC

TUESDAY, DECEMBER 2, 2025

GIVING TUESDAY



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SUPPORT GROUP LEADERSHIP AND VOLUNTEER CALL

AN IMPORTANT MESSAGE FROM YOUR SUPPORT GROUP LEADER

Support Group Leadership and Volunteer Call An Important Message from Your Support Group Leader

Hello Support Group Members,

I'm reaching out to share an important update regarding the needs of our support group. This message is being sent via email and will also appear in our upcoming newsletter, as it's vital that everyone is aware of our current situation and opportunities for involvement.

Leadership Roles Needed

While we have a strong start with our current board, we are in urgent need of additional leadership. Most notably, we are seeking a Vice President who can step in and lead meetings whenever the President is unable to attend. If you have leadership experience or simply a willingness to help, please consider this opportunity.

Event Support: Retreat and Walk

Our annual retreat and walk are cornerstone events for our group. We need volunteers to help plan, organize, and run these events. The ongoing commitment and energy from all of you are what make these gatherings possible and meaningful.

The Importance of New Volunteers

For those of us who have served for many years, the challenges of living with Parkinson's or caring for loved ones with the condition

can make it increasingly difficult to fulfill our responsibilities. That's why it's essential to bring in new helpers and leaders, so our support group can continue to flourish and meet everyone's needs.

How You Can Help

We have a dedicated board and executive team, but there's always room for new faces and fresh ideas. Please take a moment to consider how you might be able to contribute—whether by joining the board, assisting with events, or offering your talents in another way. Every bit of help counts and makes a difference.

Next Steps

- If you're interested in helping, reply to this email.
- Speak with Dave King or Roger Halleen at our next meeting.
- Our January meeting will be a planning session for the upcoming year, and we hope to elect new board members and officers at that time.

Thank you for considering how you can help our support group grow and thrive over the next couple of years. Your dedication and participation are what keep our community strong.

CENTRAL ILLINOIS PARKINSON'S SUPPORT GROUP EVENTS FOR 2026

JANUARY 3, 2026	PLANNING SESSION
FEBRUARY 7, 2026	TBA
MARCH 7, 2026	TPA
APRIL 4, 2026	PARKINSON'S AWARENESS
MAY 2, 2026	TBA
JUNE 6, 2026	BASEBALL GAME AT THE CHIE's
JULY 2, 2026	TBA
AUGUST 1, 2026	PD RETREAT
SEPTEMBER 11-12	TBA
OCTOBER 3, 2026	TBA
NOVEMBER 7	WALK THIS WAY FOR PARKKINSON'S
DECEMBER 5	CHRISTMAS LUNCH

Keep track of everything here:
<https://www.cipdsupportgroup.org/events>.